

The Lion and the Bear

1 Samuel 16, 17:33-36; Psalm 23; Patriarchs and Prophets, pp. 637-648

hen he had to write a report about sheep, Jamie remembered something his mother had read to him from the Bible. This is what he recalled . . .

avid looked over the flock of sheep that dotted the field. These woolly animals were his friends, and he was their shepherd. He walked with the sheep by the still pools of water in the heat of the day. He led them to green fields of grass. He was usually by himself, but David did not

feel afraid or alone.
He knew that God
was with him.
Just as David
took good
care of the
sheep, God,
his Shepherd,
was taking
special care

"I
must stay
alert!"
David
reminded
himself
when he
felt like
napping.
"A little
lamb might

stray from the flock

of him.

while I sleep." To keep himself awake, he often sat on a high rock and strummed softly on the

harp he carried with him. Then in a clear voice he sang, "The Lord is my shepherd, I lack nothing" (Psalm 23:1).

One day David saw a movement out of the corner of his eye. He dropped his harp and grabbed his sling. He always carried smooth round stones, ready for anything that might try to hurt the sheep.

A lion crouched in a thicket at the edge of the water. Just as the huge lion was ready to spring on a sheep, David released the stone.

Zing! The stone flew through

the air and hit the lion. Then David fought the lion

until he
knew
the lion
could no
longer
hurt the
sheep.
Quickly
David
laid
down his
sling and
walked among
the sheep,
counting
them
carefully.

counting them carefully. They were all there,

and none were hurt! The Lord had helped him protect the sheep.

The Message

l can't save myself; Jesus saves me.



Soon David sat on his rock again, playing his harp. This time he sang, "Even though I walk through the darkest valley, I will fear no evil, for you are with me" (verse 4).

Another day David decided to lead the sheep into the hills. Here the sheep could graze on new grass. But danger lurked in the hills. Bears lived in dens in the hillsides and often wandered out searching for food.

David carefully watched the lambs. Suddenly he saw something move in the tall grass nearby. Instantly, he was alert! A huge brown beast moved in the grass near the lambs. Suddenly it rushed forward!

Quickly David loaded his sling, swung it, and let go. The stone hit the bear so hard that it fell and never got up again. Once more God had helped David save his sheep.

That evening, as David led the sheep home, he might have sung, "Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever" (verse 6).

Like the sheep, we need someone to watch over us. We need Jesus, the Good Shepherd. We can't save ourselves. But Jesus can. Only Jesus saves us.

Memory Verse

"The LORD is my shepherd, I lack nothing. He makes me lie down in green pastures"

(Psalm 23:1, 2).



SABBATH

With your family, find a grassy place near a quiet river, pond, or lake, if possible. Imagine David and his sheep all around you while you read your lesson story together. Thank God for giving you people to look after you.

Find and read Psalm 23:1, then draw a picture about it. Use it to begin a "Psalm 23" booklet. Add a picture to your booklet each day this week.

Shepherds
use their sling as
weapons to protect the sheep. They
also use them to land rocks right in front
of a straying sheep so it will turn
back.



SUNDAY

During family worship, read all of Psalm 23 together. Memorize and draw a picture of Psalm 23:2 for your "Psalm 23" booklet. Ask God to bless people who take care of animals.

Draw a sheep shape.
Cut it out and add cotton
balls to make it feel "wooly."

MONDAY

Read Psalm 23 with your family for worship today. As you read, count the good things the Shepherd does for His sheep. Write the number here: _____. Tell about two good things Jesus has done for you. Then thank Him for it.

Make a cutout shaped like a shepherd's staff and write your memory verse on it. Use it to teach the verse to your family.

Memorize and draw a picture of Psalm 23:3 for your "Psalm 23" booklet.

TUESDAY

With your family, read and discuss

1 Samuel 17:34-37. Who is the "Philistine" that
David is talking about? Tell about a time God helped
you when you were in trouble. Add this to the memory
book of God's goodness. (see Lesson 2 activities)

Sing a "Thank-You, Lord" song, then thank God for helping you when you were in trouble.

Memorize and draw a picture of Psalm 23:4 for your "Psalm 23" booklet.

WEDNESDAY

Read Psalm 23:5 and Luke 10:34 during family worship. What did you learn about oil? In Bible times, olive oil was used on sheep's wounds. Also, Israel's kings were anointed with oil to show that they were chosen by God. Read Exodus 30:22-25 for a recipe for anointing oil. Ask if you may smell some olive oil—if there is some in your house.

Ask an adult to anoint your forehead as you tell God that you want to be His child.

THURSDAY

During worship, read Psalm 23 with your family. Ask them to help you match the words below by drawing a line to the words that mean the same thing:*

pastures sorrow
be in want doing right
righteousness thick stick
darkest valley fields

rod walking stick staff need something

Memorize and draw a picture of Psalm 23:6 for your "Psalm 23" booklet.

Answers.

pastures—fields; be in want-need something; righteousness—doing right; darkest valley—sorrow; rod-thick stick; staff—walking stick

FRIDAY

booklet and put it together. Be ready to show it during worship. Say the verses for or with your family. Then tell the lesson story in your own words.

SHARE Review Psalm 23:4 together.
Then turn off the lights and hug together as
a family. Talk about how you feel in

the dark. Read Psalm 32:7; Psalm 34:4, 6, 7, 17, 19 together. What do these verses mean to you and your family?

PRAY Thank Jesus for keeping your family safe and happy.

