

**ADVENTIST YOUTH MINISTRIES GENERAL CONFERENCE** 



gcyouthministries.org



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Photos by: freepik.com

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**Greetings Pathfinders!** 

Another year has passed, and we are once again celebrating a new World Pathfinder Day! We are so excited and thrilled to have another opportunity to celebrate together. With the world returning to its previous ways, we are now faced with new challenges and tribulations after the last few years. We can sometimes find ourselves asking how we can face the problems in our lives and in our communities? Do we have to face it alone? An answer can be to GO WITH JESUS. He is our rock, our strength and our light. With Jesus by our side, we can face anything that may come our way and build a path for other to follow. By Going with Jesus, we can weather any storm, climb any mountain and face giants that may appear in our path. He helps us remember that when we GO WITH JESUS we are never alone.

I hope you enjoy the joyful celebration of this important movement. Make your stand and GO WITH JESUS so the whole world will know we are never alone.



#### HAPPY WORLD PATHFINDER DAY!

Andrés J. Peralta World Pathfinders Director



# ABOUT THE AUTHOR:

**Pr. Alejandro Remo Díaz Gramunt** was born in Antofagasta-Chile. He began his ministry as chaplain of Colegio Santiago Norte in 2004. He was then called as pastor of the Santiago Poniente district between 2006-2007. In 2008 he served as leader of Stewardship and MIPES in the Central Mission of Chile and then, between 2009-2012, he played the same function in the then North Mission of Chile. From 2013 to 2014 he was a leader of Youth Ministry, Music and ADRA in the same field. During the years 2015-2018 he was district pastor in the Uruguayan Union. Since 2019 he holds the position of leader of the Young Ministry, Conquerors and Adventurers and the Ministry of Music of the Chilean Union.

# **PATHFINDER DAY** INFORMATION

# Pathfinder Day should be a full day celebration including:

- Spiritual Activity (Morning Wor ship)
- Outreach Activities (Sabbath Afternoon) / (GPS: Global Pathfinder Service)
- Social Activities (After the Sabbath)

# 7 Recommendations for Pathfinder Day:

- 1. Church Services including divine hour conducted by Pathfinders
- 2. Participation in Outreach Activities on Sabbath afternoon
- 3. Collection of a special offering for the Pathfinder Ministry
- 4. Baptismal service for Pathfinders. (optional)
- 5. Study of Philosophy and Objectives of Pathfinders in the Seventh Day Adventist Church
- 6. Take a club picture and share it on social media #WPD23, #WPD2023
- 7. Invite friends to share in the activities of the day

# **Resources available for you:**

- 1. General Information about Pathfinder Day 2023
- 2. Recommend outline for the day (Worship Service)
- 3. Pathfinder Day Official Promotion Video
- 4. Loops
- 5. Countdown (Church Service)
- 6. Templates for Keynote & PowerPoint
- 7. Social Media promos
- 8. Flyer
- 9. Sermon Options
- 10. Sermon Presentations in Keynote & PowerPoint

# PATHFINDER DAY SERVICE SUGGESTION

- 1. Welcome / Introduction to World Pathfinder Day
- 3. Sabbath School
- 3. Praises / Singing Service
- 4. Opening song
- 5. Opening Prayer
- 6. Bible Reading
- 7. Welcome
- 8. Program
- 9. Special Music
- 10. Sabbath School Lesson Review
- **11.** Special Music
- **12.** Final Prayer
- **13.** Countdown video
- **XIV.** Processional
- **14.** Invocation
- **15.** Pathfinder Song
- 16. Pledge, Law, Aim, Motto
- 17. Welcome & Announcements
- **18.** Directors Greeting (video optional)
- **19.** Opening song
- 20. Prayer
- **21.** Special Part (can be music) (optional)

- **22.** Bible Scripture
- 23. Tithes and Offering
- 24. Special Part (can be music)
- **25.** Sermon: (select from the options)
- **26.** Closing song
- **27.** Closing Prayer
- **28.** Lunch
- 29. Community Service
- 30. Afternoon Program Options
- **31.** Concert / Drama / Missionary Work
- **32.** Video of the story of the Pathfinder Club
- **33.** Baptisms (Can be done during the worship service)
- Social Activity (Indoor or Outdoor Games)
- 35. Farewell



# TIPS FOR DEALING WITH ANXIETY

With so many changes happening in the world around us, it can sometimes feel like there is too much to do and not enough time to do anything. It can make us feel like there is nothing we can do, and we can feel anxious or nervous to even try and do something. Many times, we can feel overwhelmed to complete tasks, talk in public, or even leave the house. Still God asks us to GO with Jesus and spread his word to the world. When we feel like there is too much for us to do, we can take a moment and follow the following tips to regroup and then Go With Jesus.

## 1. Deep Breathing

- a. Deep breathing is a simple technique that's excellent for managing emotions. Not only is deep breathing effective, it's also discreet and easy to use at any time or place.
- b. Sit comfortably and place one hand on your abdomen. Breathe in through your nose, deeply enough that the hand on your abdomen rises. Hold the air in your lungs, and then exhale slowly through your mouth, with your lips puckered as if you are blowing through a straw. The secret is to go slow: Time the inhalation (4s), pause (4s), and exhalation (6s). Practice for 3 to 5 minutes.

#### 2. Progressive Muscle Relaxation

a. By tensing and relaxing the muscles throughout your body, you can achieve a powerful feeling of relaxation. Additionally, progressive muscle relaxation will help you spot anxiety by teaching you to recognize feelings of muscle tension. b. Sit back or lie down in a comfortable position. For each area of the body listed below, you will tense your muscles tightly, but not to the point of strain. Hold the tension for 10 seconds and pay close attention to how it feels. Then, release the tension, and notice how the feeling of relaxation differs from the feeling of tension.

### 3. Imagery

- a. Your thoughts have the power to change how you feel. If you think of something sad, it's likely you'll start to feel sad. The opposite is also true: When you think of something positive and calming, you feel relaxed. The imagery technique harnesses this power to reduce anxiety.
- b. Think of a place that you find comforting. It could be a secluded beach, your bedroom, a quiet mountaintop, or even a loud concert. For 5 to 10 minutes, use all your senses to imagine this setting in great detail. Don't just think fleetingly about this place--really imagine it.

## Ask yourself:

- What do you see around you? What do you notice in the distance? Look all around to take in all your surroundings. Look for small details you would usually miss.
- What sounds can you hear? Are they soft or loud? Listen closely to everything around you. Keep listening to see if you notice any distant sounds.
- Are you eating or drinking something enjoyable? What is the flavor like? How does it taste? Savor all the tastes of the food or drink.
- What can you feel? What is the temperature like? Think of how the air feels on your skin, and how your clothes feel on your body. Soak in all these sensations.
- What scents are present? Are they strong or faint? What does the air smell like? Take some time to appreciate the scents.

#### **Resources:**

- 1. https://www.therapistaid.com/therapy-worksheet/coping-skills-anxiety
- 2. Beck, J. S. (2011). Cognitive behavior therapy: Basics and beyond (2nd ed.). New York, NY, US: Guilford Press.
- 3. Relaxation Techniques for Health. (n.d.). Retrieved from https://nccih.nih.gov/health/stress/ relaxation.htm.

## AIM

The Advent Message to all the world in my generation.

# MOTTO

The love of Christ compels us.

## PLEDGE

By the grace of God, I will be pure and kind and true. I will keep the Pathfinder Law. I will be a servant of God and a friend to man.

# LAW

The Pathfinder Law is for me to:

Keep the morning watch.
Do my honest part.
Care for my body.
Keep a level eye.
Be courteous and obedient.
Walk softly in the sanctuary.
Keep a song in my heart.
Go on God's errands.



# THE PHILOSOPHY AND OBJECTIVES OF PATHFINDERS IN THE CHURCH

he Seventh-day Adventist Church is committed to understanding young people and training its youth for leadership and service to humanity.

The Pathfinder Club is a church-centered spiritual-recreationalactivity program designed for young people 10 to 15 years of age. "Pathfindering" appeals to this age group because its program features activities that meet their needs and interests. Much of the Pathfinder Club program is built around physical action. This is because youth from 10 to 15 years of age are in a fast-growing physical stage of development. It is filled with action, adventure, challenge, group activities, and provides opportunities for the development of new attitudes and skills that produce personal growth, team or community spirit and a sense of loyalty and respect for God, His Creation, and His church.

While the Pathfinder Club exists primarily for youth, one of its basic purposes is to also bring together parents and church members through active involvement with the club and its members. Here the so-called generation gap disappears as young and old worship, work, and play together in a bond of common experience. Meaningful relationships are forged as leaders and counselors join with Pathfinders in sharing, building confidence, and working together. The whole philosophy of "Pathfindering" is built on the premise that "children learn best by example, rather than precept." As they see leaders and parents' model spiritual and social values, they too will aspire to develop high moral principles, loving and caring attitudes, and determination to excel in all their various pursuits.

Young people learn most effectively in a positive, happy, and secure atmosphere. The attitude of the club leaders is therefore a vital ingredient in guaranteeing the success and effectiveness of this ministry to youth. A failure to listen to and understand the needs of the young people will only erect barriers to real spiritual growth and development and may prove to be a contributing factor in making the church and its mission unattractive to the youth.

This philosophy is an integral part of the club. The following objectives can be achieved as the club leaders seek to fulfill these.

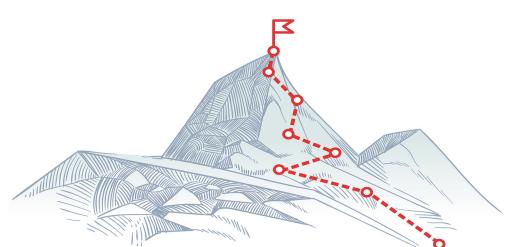
- Help the young people to understand that God and His church love them, care for them, and appreciate them. As Pathfinders are accepted and affirmed, they will begin to appreciate the love of God revealed through the church and its ministry and feel a need to be more committed to and involved with its program.
- Encourage Pathfinders to discover their own God-given potential and to use their gifts and abilities to fulfill God's expectations for them and the part they can play in the great plan of salvation.
- Inspire young people to give personal expression of their love for God by uniting them together in various outreach activities.
- Make the number one priority of your club program the personal salvation of every Pathfinder. The Pathfinder age is a time when many decisions are being made that will affect the youth's future relationships and his or her own personal development. The peak time for discovering and making a relationship with God seems to be around 12 years of age.
- Build into a Pathfinder's life a healthy appreciation and love for God's creation by enjoying outdoor activity (campouts, nature walks, nature honors, etc.).
  Pathfinders will experience a sense of wonder and worship as they observe

and explore the beauty, the majesty, and the creative power in nature. Fellowship with God will become more meaningful.

- Teach Pathfinders specific skills and hobbies that will make their lives more meaningful and will occupy their time with profitable accomplishments. Young people experience satisfaction and delight as they use their hands to fashion 5 useful articles from wood, plastic, steel, clay, felt and yarn and as they discover how things work and operate.
- Encourage the Pathfinder to keep physically fit. This is one important way to safeguard against idleness and boredom. Teach children to care for their body and establish habits that will provide for their future happiness and usefulness (cf. 2T 536, 537; Educ. 195).
- Give opportunity for the development of leadership by encouraging club members to work together and share in leadership responsibility. This will teach them to learn the lessons of obedience, discipline, resourcefulness, patriotism and the processes of group dynamics.
- Seek to foster the harmonious development of the physical, social, intellectual, and spiritual life of the Pathfinder. The invigoration of mind and body, the fostering of an unselfish spirit, the attention to recreational and cultural activities, will provide stimulus for personal growth and act as an outlet for that restless energy, which is so often a destructive source of danger to the young person.

#### Resource:

https://www.gcyouthministries.org/ministries/pathfinders/philosophy-objectives/





# Sermon

# **GO WITH JESUS**

Bible Verse: John 6:9 (NIV)

#### INTRODUCTION

A s a Pathfinder, one of the most critical daily actions is knowing who to ask permission from. This action denotes respect on the part of the one who asks and trust on the part of the one who grants, and so on; consideration and consent; submission and authority.

I don't know if the same thing happens to you as it does to me... every time I ask for permission, my parents ask me a couple of questions, such as:

- If I'm going to watch TV: what program do you want to watch? What does that program teach you? How long does it last?
- If I'm going to lock myself in my room: why do you want to be alone? Don't you have anything to do? What are you up to?
- If I'm going to play online: Who will you be playing with? Where are they from? How long will you be sitting at the computer?

There is no doubt that my parents' biggest concern is who I hang out with, who my friends are, what activities I do with them, and what kind of influence they can

have on me. On more than one occasion they have recited some sayings to me, such as these:

Son... be careful with whom you get together, we see faces, but we do not know hearts.

Son... tell me who you hang around with and I'll let you know who you are.

Son... always climb a good tree.

One thing is certain, every time my counselor has come home and asked my parents for permission for some club activity, they have almost always let me. Why?

Because they know my pathfinder counselor. He periodically came to visit me.

Because they know that I had good friends in my unit.

Because they know the people who ran the club.

My parents periodically come to the meetings. They are well informed because they know that the club activities are good and that I learn something useful.

In the Bible, there is a story that makes us think that the protagonist must have asked permission. A story where there was respect and trust, consideration and consent, submission, and authority. Let me tell you the story.

## 1. THE STORY OF THE MIRACLE OF THE MULTIPLICATION OF THE LOAVES AND FISHES

This is the story of the multiplication of the loaves and fishes although truly it's about the child protagonist of this miracle; a child that is barely mentioned.

But the miracle is important, so much so that its story is found in ALL four of the gospels, but only John tells us who the protagonist's name. Pay Attention! Perhaps the miracle would have been different if it were not for him. Do you know who we are about to talk about? Can you imagine who I am referring to?

I invite you to open your Bible to the Gospel of John 6:1-15 (NIV).

Here is the story and in verse 9 is the character I want to tell you about:

"Here is a boy with five small barley loaves and two small fish, but how far will they go among so many?" (NIV)

I can affirm that that boy or teenager was the age of one of us. Perhaps, if in Jesus' time, back in the lands of Judea, or in this case Bethsaida, there had been a Pathfinder Club, he would have worn the yellow scarf the same one you and I wear. It is not written, but we can imagine that the mere fact of knowing that Jesus was in the vicinity, made this boy feel the desire to go and be with Jesus.

The story suggests that Jesus was troubled. He wanted to be alone. John the Baptist had recently died, so he crossed the sea and went up a mountain with his disciples. But when the people heard about Jesus and how he healed people, they followed him.

You know, in Gennesaret Jesus had healed all the sick; look at what Mark 6:55 and 56 says:

> "They ran throughout that whole region and carried the sick on mats to wherever they heard he was. And wherever he went—into villages, towns or countryside they placed the sick in the marketplaces. They begged him to let them touch even the edge of his cloak, and all who touched it were healed." (NIV)

Undoubtedly, the fame of Jesus, the way he showed compassion for people, awakened this boy's interest. Knowing that Jesus had the power to heal the sick made the boy want to be where Jesus would be. He wanted to see and hear him, and of course, if the persona of Jesus appealed in a special way to the new generations, they would want to be with Jesus.

Today, just as in Jesus' time, there are many people who need to be healed by Jesus; there are many people who need to hear about Jesus so that they can believe in Him and come closer to Him.

Our friend, not only knew that there was a guy called Jesus around but also, he was interested in going to where Jesus was.

When we participate in Bible classes, we are taught not only the story of the One who gave his life for us but also the Spirit of God and how it encourages and motivates us to fulfill our expectations and say, "I am coming to you Jesus."

#### 2. GOOD FAME GENERATES CONFIDENCE

Although our character was a boy, who like you and me, he did not govern himself. While he wanted to go to where the Nazarene was, he needed to ask permission, and asking permission meant he had to be willing to answer several questions. Do you remember the questions parents ask when we ask permission for something? Well, probably more than a few of them were asked of him as well. Today, as in the past, our parents or guardians tend to worry every time they must give us permission to go somewhere.

In Jesus' time, as in the present, there are dangerous places and people all around. Although we say that we know how to take care of ourselves, the Bible also tells us that: **"So, if you think you are standing firm, be careful that you don't fall!"** (1 Corinthians 10:12, NIV), or in other words... "In certainty lies danger".

Many times, parents don't give us permission to go out, simply because they don't know where we are going; they don't know with whom we are going; nor do they know what time we will return.

However, for many people, a Pathfinder Club is a good place. The club has prestige. Our leaders have earned the respect and trust of our parents. They give us permission to go camping; they give us permission to do activities in the mountains, in the lakes and rivers; they give us permission to travel... to travel and participate in camporees. Why? Simply because of the prestige that the club has. Because of the fame that the conquistadors have, and that generates confidence. For the same reason, many people want to place their children in the club. Because the club's program generates confidence in them; because they know that in the Pathfinder Club their children will be safe and will have good friends.

Jesus' fame generated confidence in people. Thousands of people crowded around him. People who had heard about Jesus.

You and I are privileged to be members of a club that has a good reputation. Every time we wear our uniform, we are giving testimony, not only of what it is to be a Pathfinder, we are also testifying of Jesus, and that generates confidence. That's why we should invite our friends, classmates, and neighbors to come to the club. There may be kids around you who want to participate in the same activities you do.

I would dare to affirm that the mother of the boy in this story was aware of Jesus' fame, and like her neighbors, this gave her confidence, security and peace of mind to let him go.

### 1. EL CONOCIMIENTO OTORGA CONSENTIMIENTO

Imagine the scene... In your heart a desire was awakened to go to where Jesus was. Many people like you are going. Even friends of yours are going along with their parents. However, unlike your friends, you know that your mother cannot accompany you, so you must ask her permission.

The good fame of Jesus has generated great expectations. You want to be there, you are interested in being there, but you need to ask for permission.

Some time ago, for me to participate in a camporee, my pathfinder counselor had to ask for permission. We were still in classes and, even worse, exam week was coming up. I wanted to go to the camporee. I knew I would have a good time and I knew everyone in my class would go, but I needed my parents to sign the permission slip.

In the sermon on the beatitudes, or sermon on the mount, we are told that Jesus invited people to come to Him. He invited all kinds of people... "Come to me... come to me...". The scene of the miracle of the multiplication does not have an explicit invitation on the part of Jesus, the mere fact of knowing that He was there, was already an invitation to follow Him.

I can imagine then, that the boy went to his mother to ask her permission, and that she did not need to hear the arguments of her son, because she knew and knew the fame of Jesus. She had full confidence that to be where Jesus was meant it was a safe place to be. She was assured to, to the point of telling her son...

"Go with Jesus."

"Go to Him, for there you will be safe."

"Go and stay as long as it takes."

"Go to Jesus because in Him I have confidence."

When my counselor talked to my parents and told him what we would do and where we would go, my parents said, "Go my son. Go with your counselor and have a good time. Go and make the most of your time there. Have fun with your class."

John 6: 9 tells us that the boy was brought to Jesus with the refreshment that, we may assume, his mother had prepared for him. However, the story also tells us that, of all the people in the crowd, only this boy had something to eat, and that something to eat meant he was brought into Jesus' presence... Can you imagine it? Being brought to Jesus.

The mother consented to let the boy go, because she knew or had heard about Jesus; the boy was willing to give what he had to eat, because he spent hours listening to Jesus... getting to know Jesus.



#### CONCLUSION

Although the Bible briefly mentions the boy and his respective action as solidarity, the story opens our minds to the imagination and at the same time helps us to understand that knowing Jesus allows us to generate trust and the desire to follow him. It allows us to understand that the persona of Jesus attracts; that the task of Jesus entrusted to his people, comes to meet the needs of the people. That no matter how old we are, no matter how much we know or what we have to offer, by being with lesus we become his "instruments". That by going with Jesus we become channels of blessing for our family, companions, neighbors and friends.

Incredible that a few loaves of bread and a few fish that the boy brought and gave to Jesus served as a blessing for a great multitude.

#### Paul asks:

"How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them?" (Romans 10:14, NIV)

To be with Jesus... to respond to his invitation, encourages us to fulfill his will.

Neither the mother, in giving permission and saying, "Go with Jesus"... nor the boy in answering "I will go with Jesus", could have imagined what would happen hours later.

A multitude that was delighted by the actions and words of Jesus was fed, as well as another multitude that was also benefited by receiving what was left over from that miracle.

#### **The Calling**

The Pathfinder Club is celebrating 72 years since its officialization, and you are part of it, because your parents one day told you GO; today you are a Pathfinder and proudly wear the yellow scarf, because you said GO.

I want to tell you that the greatest invitation that Jesus makes to you does not only contemplate being enrolled in the club, but it does also not only refer to the fact that your name is written down in the Achievement Class workbook or that you are enrolled to participate in a camporee.

The greater purpose that Jesus has, through the club, is for you to say I WILL surrender my life through baptism, testifying to all that you belong to Him. I WILL accept Him as my personal Savior and that through my gifts and talents; through what I have in my hands, I am willing to say I WILL and tell all those around me, of the wonders that He has done for me, around me, of the wonders He has done in our life.

Are you willing to go with Him? Do you want to say I AM and go down into the waters of baptism?

If all year you have been at the feet of Jesus, listening to His Word in the Bible Class... What can prevent you from being baptized? On the contrary... You already know Him and surely you are ready to say I GO...

Do you want to give your life to Jesus and have your name inscribed in the Book of Life?

If you say yes, then I say to you ...

**GO WITH JESUS!** 

#### Pr Remo Díaz G

Director Ministerio de aventureros Unión Chilena



# GENERAL CONFERENCE YOUTH MINISTRIES TEAM

